

## Join the Maryland Hunger & Healthy Behaviors VISTAs at the next Meet-Up!

The Maryland Hunger & Healthy Behaviors VISTA Meet-Up functions to provide hunger and healthy behaviors-focused VISTAs serving in Maryland with a place to engage in direct service opportunities, share successes, collaborate on ways to help end hunger and promote wellness, and as a way to share resources. VISTAs meet once a month in addition to a monthly service project at a hunger or healthy behaviors-focused community organization. The Meet-Up provides VISTAs with a kick-start at the beginning of their service year to learn about the challenges and achievements of other VISTAs in similar focus areas, information on volunteer resources, upcoming events, and opportunities for networking.



If you are a VISTA serving in Maryland or know of VISTAs that would like to be a part of the group, please contact:  
Briana Lawson at [blawson@mdoutofschooltime.org](mailto:blawson@mdoutofschooltime.org) or Jessica Conjour at [jconjour@mdoutofschooltime.org](mailto:jconjour@mdoutofschooltime.org).

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